

EVENT DESCRIPTION SHEET

(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.)

 Please provide one sheet per event (one event = one workpackage = one lump sum).)

PROJECT	
Participant:	2 – Grad Skradin (SKRADIN)
PIC number:	887120679
Project name and acronym:	Traditions and Heritage in Europe, fostering Roots in Rural Areas — THERRA

EVENT DESCRIPTION			
Event number:	2 – WP1		
Event name:	Solidarity Recipe Book		
Type:	Cross-border culinary solidarity exchange during the Skradin Risotto and Lifestyle Festival, conference and workshop		
In situ/online:	in-situ		
Location:	Croatia, Skradin		
Date(s):	12 – 13/09/2026		
Website(s) (if any):	https://www.neulakes.eu/news-and-events/the-project-therra-unites-communities-at-the-3rd-skradin-risotto-and-lifestyle-festival/		
Participants			
Female:	58		
Male:	51		
From country 1 Croatia:	67		
From country 2 Italy:	23		
From country 3 Hungary:	14		
From country Lithuania:	5		
Total number of participants:	109	From total number of countries:	4
Description			
<i>Provide a short description of the event and its activities.</i>			
The second event of the THERRA project took place in Skradin (Croatia) on September 12th and 13th, 2026, within the framework of the 3rd Skradin Risotto and Lifestyle Festival.			

The event brought together representatives of the four THERRA partner countries – Croatia, Italy, Hungary and Lithuania – with the aim of strengthening intercultural dialogue, encouraging citizen participation, exchanging traditional recipes and promoting the preservation of Europe's rich culinary heritage. Overall, the initiatives linked to the project THERRA recorded 109 participants, including partners' delegations, public institutions, tourism organisations, local stakeholders and community members. In addition to the registered conference participants, the festival attracted a wider audience of local citizens, domestic and international visitors, who had the opportunity to participate in the public culinary activities. The decision to organise the THERRA event within an already established and recognised gastronomic festival enabled the project to reach a broader audience, increase its visibility and create opportunities for direct interaction between international delegations and local communities. This approach also contributed to the cost-efficiency of the event by making use of existing infrastructure, organisational resources and promotional activities.

On Saturday, September 12th, 2026, representatives of the THERRA partner countries participated in the panel discussion entitled "Culinary Traditions in Italy, Hungary, Croatia and Lithuania", organised as part of the conference "EnoGastronomic Events as Drivers of Rural Development – Connecting Agriculture and Sustainable Tourism through CAP Instruments." The panel provided an opportunity for the participating countries to present their culinary traditions, exchange traditional recipes and discuss the importance of protecting local gastronomic identities as an essential part of European cultural heritage.

The discussion focused on three main questions: which traditional dish best represents each participating country and why; which traditional recipes or culinary practices are at risk of disappearing and how they can be preserved; and how food and culinary traditions contribute to the creation of a shared European identity. Representatives shared experiences from their respective countries, highlighting the significance of recipes passed down through generations, the use of locally sourced ingredients and the role of families and communities in safeguarding culinary traditions. Particular attention was given to the challenges of preserving traditional food preparation methods in modern society, where changing lifestyles, globalisation and a decreasing interest among younger generations may threaten the continuity of certain culinary practices. Attendees discussed possible approaches to preserving this heritage, including documenting traditional recipes, encouraging intergenerational knowledge transfer, promoting local products and involving younger generations in culinary activities. The importance of cooperation between municipalities, cultural institutions, tourism organisations and local communities was also emphasised.

The panel demonstrated that, despite differences in national cuisines, traditional food represents a common element of European cultural identity. Sharing recipes, cooking methods and personal stories created opportunities for intercultural understanding and showed how culinary heritage can strengthen solidarity between European communities.

The practical component of the event took place during the 3rd Skradin Risotto and Lifestyle Festival, which officially opened on September 12th in the afternoon.

Delegations from Italy, Hungary and Lithuania prepared and presented their own risotto recipes, introducing visitors to different ingredients, flavours and culinary traditions from their countries. These international culinary presentations took place alongside the preparation of traditional Skradin risotto, one of the most recognisable symbols of the local gastronomic heritage. The live cooking activities enabled direct interaction between visiting delegations, local participants and festival visitors. Through preparing and sharing food, participants exchanged knowledge about ingredients, cooking techniques and the cultural significance of traditional dishes.

Although each country presented its own interpretation of risotto, the activities highlighted common values such as hospitality, cooperation, cultural diversity and the importance of preserving local traditions. The preparation and sharing of meals created an informal and welcoming environment for dialogue between people of different nationalities, backgrounds and generations. The culinary exchange also provided an opportunity to explore the similarities and differences between the participating countries' food traditions and to demonstrate how a familiar dish can be adapted to local ingredients, customs and cultural identities. The exchange of traditional recipes and culinary experiences represented an important contribution to the development of the THERRA "Solidarity Recipe Book", an initiative intended to document and promote the culinary heritage of participating communities and encourage the preservation of traditional knowledge for future generations.

The festival continued on Sunday, September 13th, with activities dedicated to traditional local gastronomy, including the presentation of traditional desserts and the well-known Skradin cake. These activities further emphasised the importance of safeguarding local food traditions and promoting them as part of the region's cultural identity. Throughout the event, representatives of the partner municipalities had opportunities for informal discussions, networking and the exchange of experiences regarding cultural heritage, sustainable tourism, local development and community participation.

The combination of a structured international panel discussion and practical public cooking activities allowed participants to approach the same topic from different perspectives. While the panel

encouraged reflection and the exchange of ideas, the culinary presentations transformed these ideas into a direct experience accessible to the wider public. One of the main achievements of the event was the demonstration that gastronomy can serve as an effective tool for connecting European citizens and communities. Traditional food was not presented solely as a tourist attraction, but also as an expression of collective memory, local identity and shared cultural values. The event also highlighted the potential of gastronomic manifestations to contribute to sustainable tourism and rural development by promoting local producers, traditional products, community involvement and international cooperation.

Dissemination and visibility activities were carried out through festival announcements, media coverage, tourism organisations' communication channels and the promotion of the participation of international delegations. The THERRA project was mentioned in several media articles and institutional publications, increasing the visibility of the project and its objectives beyond the direct participants.

The following online publications provide evidence of the dissemination activities:

1. Šibenski Kanal – *Skradinjani i gosti uživali na 3. Festivalu rižota i načina života* (September 13th, 2026):
<https://sibenskikanal.hr/2026/09/13/foto-skradinjani-i-gosti-uzivali-na-3-festivalu-rizota-i-nacina-zivota/>
2. Tourist Board of Međimurje County – *Međimurje predstavilo svoj gastronomski identitet na 3. Skradinskom festivalu rižota i načina života*:
<https://tzm.hr/međimurje-predstavilo-svoj-gastronomski-identitet-na-3-skradinskom-festivalu-rizota-i-nacina-zivota/>
3. Trakai District Municipality – *Iš Skradino – idejos Trakams* (September 22nd, 2026):
<https://trakai.lt/naujienos/6178/is-skradino-idejos-trakams-6409>
4. ŠibenikIN – *Skradinski festival rižota okuplja kuhare iz Italije, Litve i Mađarske* (September 4th, 2026):
<https://sibenik.in/skradin/skradinski-festival-rizota-okuplja-kuhare-iz-italije-litve-i-madarske-uz-posebnu-ulogu-lokalnih-vinara/>
5. Šibenik-Knin County Tourist Board – *3. Skradinski festival rižota i načina života*:
<https://dalmatiasibenik.hr/hr/dogadjanja/3-skradinski-festival-rizota-i-nacina-zivota/>

The coverage by Croatian media and tourism organisations, together with the publication by the Lithuanian project partner, contributed to the international dissemination of the event and demonstrated cooperation between the participating countries.

Overall, the second THERRA event, "Culinary Solidarity Exchange in Skradin", successfully combined intercultural dialogue, practical culinary exchange, citizen participation and the promotion of European cultural heritage.

By bringing together representatives from Croatia, Italy, Hungary and Lithuania, the event created opportunities for sharing knowledge, strengthening international partnerships and raising awareness of the importance of safeguarding traditional culinary practices. The integration of THERRA activities into the Skradin Risotto and Lifestyle Festival proved to be an effective approach to involving the wider public and connecting project objectives with local community life. The event demonstrated that food, as a universal language, can overcome cultural and linguistic barriers, encourage mutual understanding and strengthen the sense of belonging to a shared European community while preserving the diversity of its local traditions. The experiences, recipes and ideas exchanged during the event provide a valuable basis for further cooperation among THERRA partners and future activities dedicated to cultural preservation, solidarity and active European citizenship.

HISTORY OF CHANGES

VERSION	PUBLICATION DATE	CHANGE
1.0	01.04.2022	Initial version (new MFF).